**Election study (daily diary)**

**Data Dictionary**

Procedure:

* Pre-test given immediately following information consent (>1 week before election)
* Daily diaries completed every evening between 8 pm and 3 am for 14 days starting one week before election and continuing until one week after election
  + Expanded daily diary administered on day after election and day after results are announced

**Pre-test**

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| **Depression symptoms** | | |
| **Scale Name:** Patient Health Questionnaire (PHQ-9)  Scale Citation: Kroenke, K., & Spitzer, R. L. (2002). The PHQ-9: A new depression diagnostic and severity measure. *Psychiatric annals*, *32*(9), 509-515. | | |
| **Instructions:** Over the past 2 weeks, how often have you been bothered by any of the following problems? | | |
| **Scale Responses**  0 = Not at all  1 = Several days  2 = More than half the days  3 = Nearly every day | | |
| **Variable Name** | **Subscale** | **Question** |
| **PHQ\_1** |  | Little interest or pleasure in doing things |
| **PHQ\_2** |  | Feeling down, depressed or hopeless |
| **PHQ\_3** |  | Trouble falling asleep, staying asleep, or sleeping too much |
| **PHQ\_4** |  | Feeling tired or having little energy |
| **PHQ\_5** |  | Poor appetite or overeating |
| **PHQ\_6** |  | Feeling bad about yourself – or that you’re a failure or have let yourself or your family down |
| **PHQ\_7** |  | Trouble concentrating on things, such as reading the newspaper or watching television |
| **PHQ\_8** |  | Moving or speaking so slowly that other people could have noticed. Or, the opposite – being so fidgety or restless that you have been moving around a lot more than usual |
| **Scale Scoring:** Add all items together. 5-9 = mild; 10-14 = moderate; 15-19 = moderately severe, 20-27 = severe.  **PHQ\_sum** = Higher scores indicate more depression | | |

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| **Anxiety symptoms** | | |
| **Scale Name:** GAD-7  Scale Citation: Spitzer, R. L., Kroenke, K., Williams, J. B., & Löwe, B. (2006). A brief measure for assessing generalized anxiety disorder: The GAD-7. *Archives of internal medicine*, *166*(10), 1092-1097. | | |
| **Instructions:** Over the past 2 weeks, how often have you been bothered by the following problems? | | |
| **Scale Responses**  0 = Not at all  1 = Several days  2 = More than half the days  3 = Nearly every day | | |
| **Variable Name** | **Subscale** | **Question** |
| **GAD\_1** |  | Feeling nervous, anxious, or on edge |
| **GAD \_2** |  | Not being able to stop or control worrying |
| **GAD \_3** |  | Worrying too much about different things |
| **GAD \_4** |  | Trouble relaxing |
| **GAD \_5** |  | Being so restless that it is hard to sit still |
| **GAD \_6** |  | Becoming easily annoyed or irritable |
| **GAD \_7** |  | Feeling afraid as if something awful might happen |
| **Scale Scoring:** Add all items together. 0-4 = minimal; 5-9 = mild; 10-14 = moderate; 15-21 = severe  **GAD\_sum** = Higher scores indicate more anxiety | | |

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| **National nostalgia** | | |
| **Scale Name:** National Nostalgia  Scale Citation: Smeekes, A., Verkuyten, M., & Martinovic, B. (2014). Longing for the country’s good old days: National nostalgia, autochthony beliefs, and opposition to Muslim expressive rights. *British Journal of Social Psychology, 54*, 561-580. doi:10.1111/bjso.12097 | | |
| **Instructions:**  “Nostalgia” is defined as a “sentimental longing for the past.”    Please indicate the extent to which you think about the following questions. | | |
| **Scale Responses**  0 = Not at all  1 = Very little  2 = Somewhat  3 = Quite a bit  4 = A great deal | | |
| **Variable Name** | **Subscale** | **Question** |
| **NN\_1** |  | How often do you bring to mind nostalgic experiences related to the way the United States was in the past? |
| **NN\_2** |  | How important is it for you to bring to mind nostalgic experiences related to the way the United States was in the past? |
| **NN\_3** |  | How significant is it for you to feel nostalgic about the way the United States was in the past? |
| **NN\_4** |  | The way Americans were in the past. |
| **NN\_5** |  | The way American society was in the past. |
| **NN\_6** |  | The way the American landscape (i.e. surroundings) looked like in the past. |
| **Scale Scoring:** Average all items (NN\_1 – NN\_6).  **NN\_mean** = Higher scores indicate more national nostalgia | | |

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| **National prostalgia** | | |
| **Scale Name:** National Prostalgia  Scale Citation: Adapted from: Smeekes, A., Verkuyten, M., & Martinovic, B. (2014). Longing for the country’s good old days: National nostalgia, autochthony beliefs, and opposition to Muslim expressive rights. *British Journal of Social Psychology, 54*, 561-580. doi:10.1111/bjso.12097 | | |
| **Instructions:**  **“Prostalgia” is a defined as a “sentimental longing for the future.”**  Please indicate the extent to which you think about the following questions. | | |
| **Scale Responses**  0 = Not at all  1 = Very little  2 = Somewhat  3 = Quite a bit  4 = A great deal | | |
| **Variable Name** | **Subscale** | **Question** |
| **NP\_1** |  | How often do you bring to mind prostalgic experiences related to the way the United States will be in the future? |
| **NP\_2** |  | How important is it for you to bring to mind prostalgic experiences related to the way the United States will be in the future? |
| **NP\_3** |  | How significant is it for you to feel prostalgic about the way the United States will be in the future? |
| **NP\_4** |  | The way Americans will be in the future. |
| **NP\_5** |  | The way American society will be in the future. |
| **NP\_6** |  | The way the American landscape (i.e. surroundings) will look like in the future |
| **Scale Scoring:** Average all items (NP\_1 – NP\_6).  **NP\_mean** = Higher scores indicate more national prostalgia | | |

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| **Optimism** | | |
| **Scale Name:** Optimism  Scale Citation: Wimberly, S. R., Carver, C. S., & Antoni, M. H. (2008). Effects of Optimism, Interpersonal Relationships, and Distress on Psychosexual Well-Being among Women with Early Stage Breast Cancer. *Psychology and Health, 23*, 57-72. https://doi.org/10.1080/14768320701204211 | | |
| **Instructions:** Please report the extent to which you agree or disagree with the following statements. | | |
| **Scale Responses**  1 = Strongly agree  2 = Somewhat agree  3 = Somewhat disagree  4 = Strongly disagree | | |
| **Variable Name** | **Subscale** | **Question** |
| **OP\_1** |  | In uncertain times, I usually expect the best. |
| **OP\_2** |  | If something can go wrong for me, it will. |
| **OP\_3** |  | I hardly ever expect things to go my way. |
| **OP\_4** |  | I rarely count on good things happening to me. |
| **OP\_5** |  | Overall, I expect more good things to happen to me than bad. |
| **Scale Scoring:** Average all items (OP\_1 – OP\_5).  **OP\_mean** = Higher scores indicate more optimism | | |

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| **Perceptions of culture dynamism** | | |
| **Instructions:** Please indicate how much you agree with each statement. | | |
| **Scale Responses**  1 (Strongly disagree) to 5 (Strongly agree) | | |
| **Variable Name** | **Subscale** | **Question** |
| **Dyn\_1** |  | As a country, I feel the US is changing a lot. |
| **Dyn\_2** |  | I feel the US has not changed much over the last 50 years. |
| **Dyn\_3** |  | In general, I feel the culture in the US is fairly static/stagnant. |

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| **Ethnic identity** | | |
| **Scale Name:** Multigroup ethnic identity measure-Revised (MEIM-R)  Scale Citation: Phinney, J. S., & Ong, A. D. (2007). Conceptualization and measurement of ethnic identity: Current status and future directions. *Journal of Counseling Psychology*, *54*(3), 271. | | |
| **Instructions:** In this country, people come from a lot of different cultures and there are many different words to describe the different backgrounds or ethnic groups that people come from. Some examples of the names of ethnic groups are Mexican-American, Hispanic, Black, Asian-American, American Indian, Anglo-American, and White. Every person is born into an ethnic group, or sometimes two groups, but people differ on how important their ethnicity is to them, how they feel about it, and how much their behavior is affected by it. These questions are about your ethnicity or your ethnic group and how you feel about it or react to it.  Indicate how much you agree or disagree with each statement | | |
| **EthID** |  | What is your ethnic identity? (open-ended) |
| **Scale Responses**  1 = Strongly disagree  2 = Somewhat disagree  3 = Neutral  4 = Somewhat agree  5 = Strongly agree | | |
| **Variable Name** | **Subscale** | **Question** |
| **MEIM\_1** |  | I have spent time trying to find out more about my own ethnic group, such as its history, traditions, and customs. |
| **MEIM\_2** |  | I have a strong sense of belonging to my own ethnic group. |
| **MEIM\_3** |  | I understand pretty well what my ethnic group membership means to me. |
| **MEIM\_4** |  | I have often done things that will help me understand my ethnic background better. |
| **MEIM\_5** |  | I have often talked to other people in order to learn more about my ethnic group. |
| **MEIM\_6** |  | I feel a strong sense of attachment towards my own ethnic group. |
| **Scale Scoring:**  Exploration: Items 1, 4, 5  Commitment: Items 2, 3, 6 | | |
| **Instructions**: Indicate the ethnicity of your father and mother, if known: | | |
| **Scale Responses**  1 = Asian/Asian American  2 = Black/African American  3 = Hispanic or Latino  4 = White/Caucasian  5 = American Indian  6 = Other | | |
| **Variable Name** | **Subscale** | **Question** |
| **MEIM\_father** |  | My father’s ethnicity is: |
| **Scale Responses**  1 = Asian/Asian American  2 = Black/African American  3 = Hispanic or Latino  4 = White/Caucasian  5 = American Indian  6 = Other | | |
| **Variable Name** | **Subscale** | **Question** |
| **MEIM\_mother** |  | My mother’s ethnicity is: |

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| **Valuing and Engagement with Hispanic culture** | | |
| **Scale Name:** Mexican American Cultural Values Scale (Familism subscales only)  Scale Citation: Knight, G. P., Gonzales, N. A., Saenz, D. S., Bonds, D. D., Germán, M., Deardorff, J., Roosav, M. W., & Updegraff, K. A. (2010). The Mexican American Cultural Values Scale for Adolescents and Adults. *The Journal of Early Adolescence*, *30*(3), 444–481. | | |
| **Instructions:** The following statements talk about what others may think or believe. Rate each question on how much you believe the statement. | | |
| **Scale Responses**  1 = Not at all  2 = A little  3 = Somewhat  4 = Very much  5 = Completely | | |
| **Variable Name** | **Subscale** | **Question** |
| **MACVS\_1** |  | Parents should teach their children that the family always comes first. |
| **MACVS\_2** |  | Children should be taught that it is their duty to care for their parents when their parents get old. |
| **MACVS\_3** |  | Children should always do things to make their parents happy. |
| **MACVS\_4** |  | No matter what, children should always treat their parents with respect. |
| **MACVS\_5** |  | People should learn how to take care of themselves and not depend on others. |
| **MACVS\_6** |  | Family provides a sense of security because they will always be there for you. |
| **MACVS\_7** |  | If a relative is having a hard time financially, one should help them out if possible. |
| **MACVS\_8** |  | When it comes to important decisions, the family should ask for advice from close relatives. |
| **MACVS\_9** |  | Men should earn most of the money for the family so women  can stay home and take care of the children and the home. |
| **MACVS\_10** |  | Children should never question their parents’ decisions. |
| **MACVS\_11** |  | The most important thing parents can teach their children is to be independent from others. |
| **MACVS\_12** |  | It is always important to be united as a family. |
| **MACVS\_13** |  | A person should share their home with relatives if they need a place to stay. |
| **MACVS\_14** |  | Children should always honor their parents and never say bad things about them. |
| **MACVS\_15** |  | As children get older their parents should allow them to make their own decisions. |
| **MACVS\_16** |  | It is important to have close relationships with aunts/uncles, grandparents, and cousins. |
| **MACVS\_17** |  | Older kids should take care of and be role models for their younger brothers and sisters. |
| **MACVS\_18** |  | Children should be taught to always be good because they represent the family. |
| **MACVS\_19** |  | Children should follow their parents’ rules, even if they think the rules are unfair. |
| **MACVS\_20** |  | Personal achievements are the most important things in life. |
| **MACVS\_21** |  | When there are problems in life, a person can only count on him or herself. |
| **MACVS\_22** |  | Holidays and celebrations are important because the whole family comes together. |
| **MACVS\_23** |  | Parents should be willing to make great sacrifices to make sure their children have a better life. |
| **MACVS\_24** |  | A person should always think about their family when making important decisions. |
| **MACVS\_25** |  | It is important for children to understand that their parents should have the final say when decisions are made in the family. |
| **MACVS\_26** |  | Mothers are the main people responsible for raising children. |
| **MACVS\_27** |  | It is important for family members to show their love and affection to one another. |
| **MACVS\_28** |  | It is important to work hard and do one’s best because this work reflects on the family. |
| **Scale Scoring:** Add all items grouped together.  Familism Support Subscale (1, 5, 6, 11, 16, 20, 21, 27, 28)  Familism Obligations Subscale (2, 7, 9, 10, 13, 17, 19, 23, 26)  Familism Referent Subscale (3, 4, 8, 12, 14, 15, 18, 22, 24, 25)  **MACVS\_support\_subscale** = Higher scores indicate they have stronger familial beliefs  **MACVS\_obligation\_subscale** = Higher scores indicate they have stronger familial beliefs  **MACVS\_referent\_subscale** = Higher scores indicate they have stronger familial beliefs | | |

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| **Gender** | | |
| **Scale Responses**  1 = Male  2 = Female  3 = Trans/Non-Binary  4 = Other  5 = I prefer not to say | | |
| **Variable Name** | **Subscale** | **Question** |
| **Gender** |  | What is your gender? |

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| **Age** | | |
| **Scale Responses**  Open ended | | |
| **Variable Name** | **Subscale** | **Question** |
| **Age** |  | What is your age? |

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| **Nativity** | | |
| **Scale Responses**  0 = No  1 = Yes | | |
| **Variable Name** | **Subscale** | **Question** |
| **Nativity\_1** |  | Were you born in the US? |
| **Nativity\_2** |  | If no, what country were you born in? (open-ended) |

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| **Parents’ Nativity** | | |
| **Scale Responses**  0 = No  1 = Yes | | |
| **Variable Name** | **Subscale** | **Question** |
| **ParentNativity\_1** |  | Were your parents born in the US? |
| **ParentNativity\_2** |  | If no, what country was your mother born in? (open-ended) |
| **ParentNativity\_3** |  | If no, what country was your father born in? (open-ended) |

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| **Language Status** | | |
| **Scale Responses**  0 = No  1 = Yes | | |
| **Variable Name** | **Subscale** | **Question** |
| **Bilingual\_1** |  | Are you bilingual? |
| **Scale Responses**  1 (minimal competency in second language) to 10 (completely fluent in second language) scale | | |
| **Variable Name** | **Subscale** | **Question** |
| **Bilingual\_2** |  | How fluent are you in your second language? |

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| **Skin Tone** | | |
| **Scale Responses**  1 (light) to 10 (dark) scale | | |
| **Variable Name** | **Subscale** | **Question** |
| **SkinTone** |  | How dark is your skin tone? |

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| **Satisfaction with life** | | |
| **Scale Name:** Satisfaction with Life Scale  Scale Citation: Confirm with Jake | | |
| **Instructions:** Please rate on a scale of 1-7 on how much you disagree or agree with each statement. | | |
| **Scale Responses**  1 (Strongly disagree) to 7 (Strongly agree) | | |
| **Variable Name** | **Subscale** | **Question** |
| **SWLS\_1** |  | In most ways my life is close to my ideal. |
| **SWLS \_2** |  | The conditions of my life are excellent. |
| **SWLS \_3** |  | I am satisfied with my life. |
| **SWLS \_4** |  | Select somewhat disagree if you are paying attention. |
| **SWLS \_5** |  | So far I have gotten the important things I want in life. |
| **SWLS \_6** |  | If I could live my life over, I would change almost nothing. |
| **Scale Scoring:** | | |

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| **Self-esteem** | | |
| **Scale Responses**  1 (Not very true) to 7 (Very true) | | |
| **Variable Name** | **Subscale** | **Question** |
| **SelfEsteem** |  | I have high self-esteem. |

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| **Meaning in life** | | |
| **Scale Name:** Confirm with Jake  Scale Citation: Confirm with Jake | | |
| **Instructions:** Using the scale, please indicate your current feelings by selecting how much you agree or disagree with the following statements. | | |
| **Scale Responses**  1 (Strongly disagree) to 7 (Strongly agree) | | |
| **Variable Name** | **Subscale** | **Question** |
| **MIL\_1** | MIL | My life as a whole has meaning. |
| **MIL\_2** | MIL | My entire existence is full of meaning. |
| **MIL\_3** | MIL | My life is meaningless. |
| **MIL\_4** | MIL | My existence is empty of meaning. |
| **MIL\_5** | Coherence | I can make sense of the things that happen in my life. |
| **MIL\_6** | Coherence | Looking at my life as a whole, things seem clear to me. |
| **MIL\_7** | Coherence | I can’t make sense of events in my life. |
| **MIL\_8** | Coherence | My life feels like a sequence of unconnected events. |
| **MIL\_9** | Purpose | I have a good sense of what I am trying to accomplish in life. |
| **MIL\_10** | Purpose | I have certain life goals that compel me to keep going. |
| **MIL\_11** | Purpose | I don’t know what I am trying to accomplish in life. |
| **MIL\_12** | Purpose | I don’t have compelling life goals that keep me going. |
| **MIL\_13** | Mattering | Whether my life ever existed matters even in the grand scheme of the universe. |
| **MIL\_14** | Mattering | Even considering how big the universe is, I can say that my life matters. |
| **MIL\_15** | Mattering | My existence if not significant in the grand scheme of things. |
| **MIL\_16** | Mattering | Given the vastness of the universe, my life does not matter. |
| **Scale Scoring:** | | |

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| **Political candidate** | | |
| **Scale Responses**  1 = Trump  2 = Biden  3 = Other candidate  4 = Not voting  5 = Haven’t decided | | |
| **Variable Name** | **Subscale** | **Question** |
| **PresidentChoice\_1** |  | Which presidential candidate are you planning on voting for? |

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| **Conservatism** | | |
| **Scale Responses**  1 (very liberal) to 7 (very conservative) | | |
| **Variable Name** | **Subscale** | **Question** |
| **Conserv\_1** |  | Overall, how would you describe your political ideology? |
| **Conserv\_2** |  | How would you describe your views on social issues? |
| **Conserv\_3** |  | How would you describe your views on economic issues? |

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| **Trump and ICE** | | |
| **Instructions:** Please indicate how much you agree with each statement. | | |
| **Scale Responses**  1 (Strongly agree) to 7 (Strongly disagree) | | |
| **Variable Name** | **Subscale** | **Question** |
| **ICE\_1** |  | Donald Trump has had a huge impact on border policy. |
| **ICE\_2** |  | I associate ICE with Donald Trump. |

**Daily diary assessment**

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| **Mood/affect** | | |
| **Scale Name:** PANAS-X (plus added items for depression and anxiety)  Scale Citation: Watson, D., & Clark, L. A. (1999). The PANAS-X: Manual for the positive and negative affect schedule-expanded form. | | |
| **Instructions:** This scale consists of a number of words and phrases that describe different feelings and emotions. Indicate to what extent you felt this way TODAY. | | |
| **Scale Responses**  1 (Very slightly or not at all) to 5 (Extremely) scale | | |
| **Variable Name** | **Subscale** | **Question** |
| **NA\_1** | Negative affect | Afraid |
| **NA\_2** | Negative affect | Scared |
| **NA\_3** | Negative affect | Nervous |
| **NA\_4** | Negative affect | Jittery |
| **NA\_5** | Negative affect | Irritable |
| **NA\_6** | Negative affect | Hostile |
| **NA\_7** | Negative affect | Guilty |
| **NA\_8** | Negative affect | Ashamed |
| **NA\_9** | Negative affect | Upset |
| **NA\_10** | Negative affect | Distressed |
| **PA\_1** | Positive affect | Active |
| **PA\_2** | Positive affect | Alert |
| **PA\_3** | Positive affect | Attentive |
| **PA\_4** | Positive affect | Determined |
| **PA\_5** | Positive affect | Enthusiastic |
| **PA\_6** | Positive affect | Excited |
| **PA\_7** | Positive affect | Inspired |
| **PA\_8** | Positive affect | Interested |
| **PA\_9** | Positive affect | Proud |
| **PA\_10** | Positive affect | Strong |
| **Anx\_1** | Anxiety | Anxious |
| **Anx\_2** | Anxiety | Worried |
| **Anx\_3** | Anxiety | Restless |
| **Dep\_1** | Depression | Depressed |
| **Dep\_2** | Depression | Sad |
| **Dep\_3** | Depression | Downhearted |

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| **Daily meaning in life** | | |
| **Instructions:** Using the scale, please indicate how you feel today. | | |
| **Scale Responses**  1 (Not at all) to 7 (Very much so) | | |
| **Variable Name** | **Subscale** | **Question** |
| **DMIL\_1** |  | How meaningful does your life feel? |
| **DMIL\_2** |  | How much do you feel your life has purpose? |

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| **Discrimination** | | |
| **Instructions:** Indicate how many times you experienced each of these things TODAY. | | |
| **Scale Responses**  0 (0 times) to 10 (10 or more times) | | |
| **Variable Name** | **Subscale** | **Question** |
| **Discrim\_1** |  | I was treated unfairly or poorly because of my race/ethnicity **in person**. |
| **Discrim\_2** |  | I was treated unfairly or poorly because of my race/ethnicity **online**. |
| **Discrim\_3** |  | I saw or witnessed someone else being treated unfairly or poorly because of their race/ethnicity **in person.** |
| **Discrim\_4** |  | I saw or witnessed someone else being treated unfairly or poorly because of their race/ethnicity **online**. |
| **Discrim\_5** |  | I heard someone making negative statements or jokes about my racial/ethnic group **in person.** |
| **Discrim\_6** |  | I heard someone making negative statements or jokes about my racial/ethnic group **online.** |
| **Discrim\_7** |  | I thought about racial injustices and the mistreatment of people from racial/ethnic minority groups, including Black, Latina/o, Indigenous, and Asian people. |

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| **News engagement** | | |
| **Instructions:** Reading or engaging with political news includes reading political news articles, seeing political news on social media, watching a political news video or clip, reading a political news headline, etc. | | |
| **Scale Responses**  0 = Not at all  1 = 1-5 times  2 = 6-10 times  3 = 11-15 times  4 = 16-20 times  5 = More than 20 times | | |
| **Variable Name** | **Subscale** | **Question** |
| **DailyNews** |  | How many times did you read or engage with political news TODAY? |

Included in daily diaries on day after election and day after election results are announced:

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| **Surprise** | | |
| **Instructions:** How much were the election results… | | |
| **Scale Responses**  1 (Not at all) to 7 (Very much) | | |
| **Variable Name** | **Subscale** | **Question** |
| **Surprise\_1** |  | Expected |
| **Surprise\_2** |  | Shocking |
| **Surprise\_3** |  | Surprising |
| **Surprise\_4** |  | Consistent with what you thought would happen |

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| **Satisfaction with life** | | |
| **Scale Name:** Satisfaction With Life Scale  Scale Citation: Confirm with Jake | | |
| **Instructions:** Please rate on a scale of 1-7 on how much you disagree or agree with each statement. | | |
| **Scale Responses**  1 (Strongly disagree) to 7 (Strongly agree) | | |
| **Variable Name** | **Subscale** | **Question** |
| **SWLS\_1** |  | In most ways my life is close to my ideal. |
| **SWLS \_2** |  | The conditions of my life are excellent. |
| **SWLS \_3** |  | I am satisfied with my life. |
| **SWLS \_4** |  | Select somewhat disagree if you are paying attention. |
| **SWLS \_5** |  | So far I have gotten the important things I want in life. |
| **SWLS \_6** |  | If I could live my life over, I would change almost nothing. |
| **Scale Scoring:** | | |

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| **Self-esteem** | | |
| **Scale Responses**  1 (Not very true) to 7 (Very true) | | |
| **Variable Name** | **Subscale** | **Question** |
| **SelfEsteem** |  | I have high self-esteem. |

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| **Meaning in life** | | |
| **Scale Name:** Confirm with Jake  Scale Citation: Confirm with Jake | | |
| **Instructions:** Using the scale, please indicate your current feelings by selecting how much you agree or disagree with the following statements. | | |
| **Scale Responses**  1 (Strongly disagree) to 7 (Strongly agree) | | |
| **Variable Name** | **Subscale** | **Question** |
| **MIL\_1** | MIL | My life as a whole has meaning. |
| **MIL\_2** | MIL | My entire existence is full of meaning. |
| **MIL\_3** | MIL | My life is meaningless. |
| **MIL\_4** | MIL | My existence is empty of meaning. |
| **MIL\_5** | Coherence | I can make sense of the things that happen in my life. |
| **MIL\_6** | Coherence | Looking at my life as a whole, things seem clear to me. |
| **MIL\_7** | Coherence | I can’t make sense of events in my life. |
| **MIL\_8** | Coherence | My life feels like a sequence of unconnected events. |
| **MIL\_9** | Purpose | I have a good sense of what I am trying to accomplish in life. |
| **MIL\_10** | Purpose | I have certain life goals that compel me to keep going. |
| **MIL\_11** | Purpose | I don’t know what I am trying to accomplish in life. |
| **MIL\_12** | Purpose | I don’t have compelling life goals that keep me going. |
| **MIL\_13** | Mattering | Whether my life ever existed matters even in the grand scheme of the universe. |
| **MIL\_14** | Mattering | Even considering how big the universe is, I can say that my life matters. |
| **MIL\_15** | Mattering | My existence if not significant in the grand scheme of things. |
| **MIL\_16** | Mattering | Given the vastness of the universe, my life does not matter. |
| **Scale Scoring:** | | |